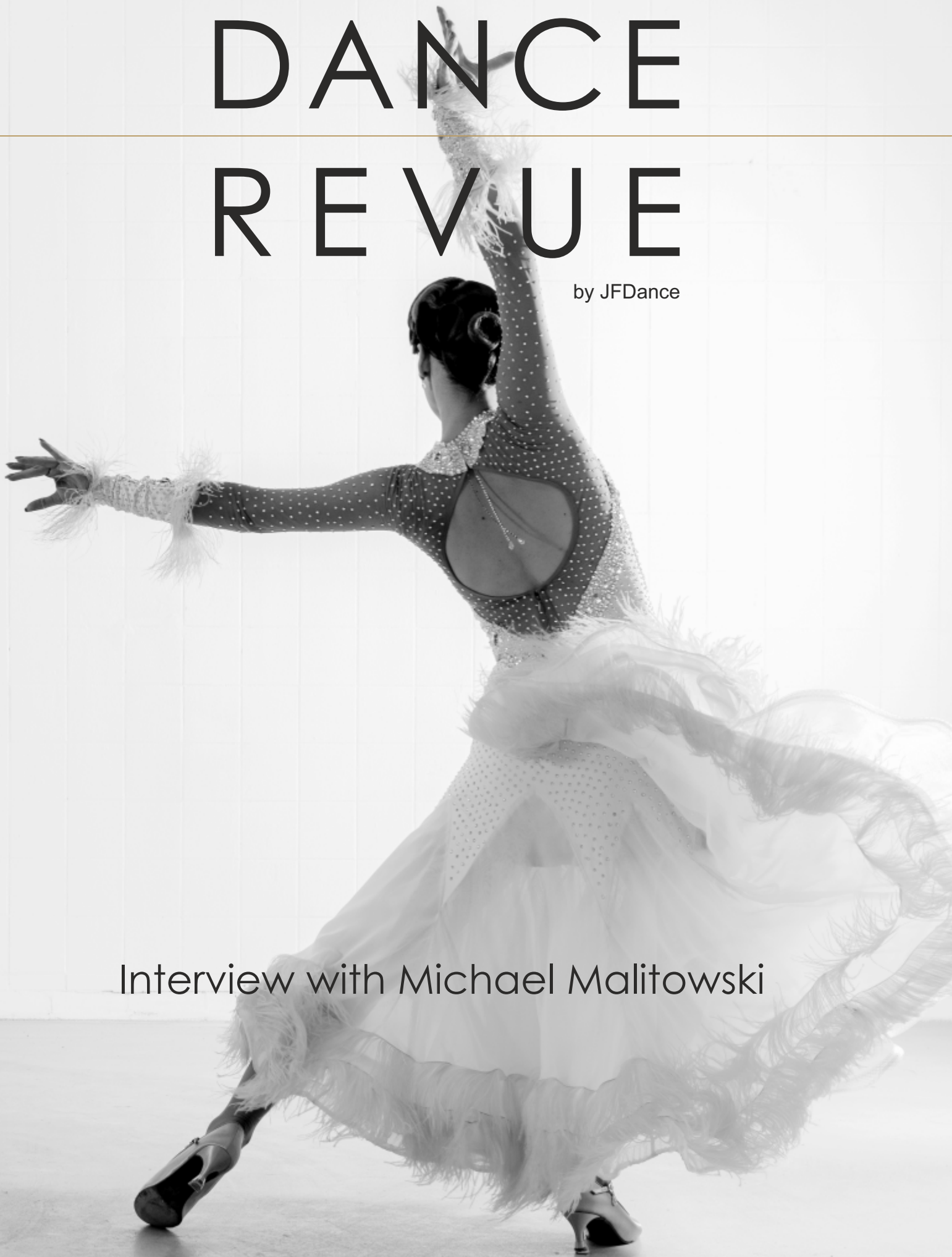


DANCE REVUE

by JFDance



Interview with Michael Malitowski



Enjoy dance! What dance shoes to choose?

„Dance is the language of the body“

(American dancer and choreographer Martha Graham)

Before you decide, think about something extremely important - choosing the right dance shoes.

What to follow and what to pay special attention to? We will advise you!

Women's dance shoes - what to look for when choosing them?

In order to enjoy dancing to the fullest, nothing should really restrict your movement. Moreover, even though "a bad dancer is also bothered by a crooked hem on her skirt", we hope this does not apply to you. However, it is true that choosing the right dancing shoes is not easy. Before you decide on a pair of dance shoes, you need to take into account your dancing experience and which dancing style you prefer. After all, different shoes are suitable for club dancing, different shoes are suitable for weddings and different shoes are suitable for ballroom or sports dancing.

Here are a few tips to help you make your choice:

Price - This should not be the main criteria for several reasons. It is not difficult to find cheap dance shoes today, but you will only be happy when you order them. Quality dance shoes should be chosen according to workmanship, choice of material, heel construction and finally yet importantly the shoe must fit you and this takes a huge amount of experience. Remember while buying, those dance shoes should help you master the dance not fight it and spend the evening in the herbal bath.

Heel - If you are still a beginner, opt for a lower and thicker heel up to 7 cm, which will make it easier to maintain stability. With a heel, it is important that it is more under the heel of your foot and when trying it on, it should not ride backwards. Only choose a higher heel when you feel stable in heels.

Size is extremely important in this case! When choosing, the width is crucial, which must not be loose, as this has a major impact on your stability, but also the length, where the sole must not be longer than your toes. The foot is constantly working while dancing and a long sole would thus hinder the movement. A properly sized dance shoe will prevent unnecessary blisters and swelling. Please check the size chart on our website before ordering.

Soles - For the classic dance floor, a thick cow leather sole is best suited, which is on all of our models. It will make it easier for you to perform multiple spins and you will feel the dance floor better over it. Although the material soon is being scuffed and becomes slippery, using our brush will restore the roughness.

Sports shoes for dancing? Why not! Dance sport is a very demanding discipline just because you need to master 5 Latin and 5 standard dances, which have a lot of steps... Sport dance shoes must meet the highest requirements, which you will certainly find in all our models. In the competition models, more emphasis is placed on the shape of the upper part, which must show the work of the feet, and the lower part of the shoe must not protrude too much when the toe is turned.

Design In the case of dance shoes, there is not as much of a change in fashion trends as in shoes designed for everyday wear. Therefore, when choosing shoes, be guided mainly by the criteria of comfort and functionality, and forget about the hottest novelties from world-famous designers. Shoes for a wedding, for dancing or for a dance competition can certainly be found in the offer of the e-shop www.jfdance.cz.

· STAR S DANCE ·
PREMIUM COLLECTION

ELECTRA is a women's dance shoe recommended for Latin dancing. The original design, materials and workmanship make ELECTRA shoes an exceptional model that will please the most demanding clients. Heel height 66 mm, 85 mm and 90 mm.



· STAR S DANCE ·
PREMIUM COLLECTION

MAIA is a women's dance shoe recommended for standard dances. The design, the materials used, the workmanship and the softened heel make the shoes an exceptional model that will please the most demanding clients.



· STAR S DANCE ·
PREMIUM COLLECTION

ETAMIN is a men's dance shoe that we recommend for standard dances. The unique design, the combination of quality materials and workmanship makes ETAMIN an exceptional model for demanding clients looking for originality.



· STAR S DANCE ·
PREMIUM COLLECTION

POLARIS is a men's dance shoe that we recommend for Latin dances. High quality materials, a simple modern cut that supports the lines of the foot and a narrow heel line make POLARIS shoes an exceptional model for discerning clients.





David Odstrčil - Tara Bohak

Multiple Czech Standard and 10 Dance Champions in the Adult Category
Finalists of the World and European Championships in the Adult Category

Tomáš Gál - Sabina Karásková

Czech Latin American Champions in the Adult Category





KAMILA LAT DANCE SHOES (85 mm)

Women's dance shoes designed for Latin American dances, for professional dancers as well as for participants of dance courses. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



TARA ST DANCE SHOES (65 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The satin skin-coloured upper gives the shoe a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



PETER DANCE SHOES

Men's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The fabric part ensures good ventilation; the softened sole and heel provide comfort. The split sole increases the flexibility of the whole shoe.



TOMAS DANCE SHOES SPLIT SOLE

Men's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses.

The neoprene upper ensures good breathability and flexibility of the shoes; the softened sole and heel provide comfort. The split sole increases the flexibility of the entire shoe.





Michael Malitowski

Michael, we are very happy to have the opportunity to interview you. You are a very successful person, how do you feel about this difficult time?

This period is a challenge for everyone and for me as well. However, I am a positive person; I look at things in a good light as well. I have strong health, a loving wife, my daughter Liu and a passion for dancing. I am a happy man.

Many dancers know you from more recently, when you were winning trophies with Joanna Leunis, but what were your beginnings like?

I grew up in Poland, in a communist apartment block. I got into dancing by joining a dance club with my friend Iwona Golczak. At that time, there was not much to do in Poland and our parents decided to enrol us in a local dance school, where we started together. Our journey together went very far. We went from the sandbox to victory in Blackpool.

Do you remember your first dance competition?

Yes, I do. I was 8 years old. I had not even had my first tooth, but I had the most important thing in me, rhythm.

You have been one of the world's top dancers since you were an amateur, what style did you have back then?

I was also good at standard, but I found my love for Latin. The rest is history.

Did you believe your professional career would be so successful?

I never did. I did not set long-term goals. I always took it one-step at a time. Results were never my priority. I just wanted to get better and better. I was lucky.

When and how did you meet your life partner, Joanna Leunis?

We knew each other from many competitions. The first time Ruud Vermeij called me to ask if I wanted to go to a try-out with Joanna, I refused. I was happy at that moment. I was in New York and I was studying other kinds of dance at university, like ballet and jazz. But it was still on my mind. In the meantime, Joanna was dancing with Louis van Amstel, and when I found out they split, I contacted Ruud Vermeij and we had a try-out. On the first day, I said to myself, this is the bomb: the next day we knew we were going to dance together.

What all changed for you when you went pro?

I turned pro when I was 22, I was a young kid, and it was a big jump for me. I had been dancing amateurs for barely 2 years and a year later, I found myself on the floor with a World

Champion (Joanna) in Blackpool with stars like Bryan Watson, Slavik Kryklyvyy, Michael Wentink, Paul Killick and others. It gave me goose bumps. I used to look up to these guys, they weren't my rivals. However, I quickly learned how to be one of them, and then Joanna and I became the best.

Can you tell me what made you and Joanna the absolute best in the world?

We brought a new style to the world. The dancing speaks for itself. We were absolutely committed to the movement. Many skill-intensive figures. I took dance very seriously.

Is it harder to win a world title for the first time or to defend it?

It is much harder to defend the title. The only way from the top is down. I do not want to go there.

Which personalities have influenced your dancing career the most?

My mentor Ruud Vermeij played the biggest role in my success. He is a genius who builds personalities. Peter Maxwell helped me a lot as well.

Do you draw inspiration from other places than dance?

I pay most attention to art, I am an artist, I love it. Prince is my biggest inspiration, a unique singer and dancer.

Favourite dance?

Definitely Samba if I had to pick one. Otherwise, I like every dance for a different reason.

Favourite dance variation?

It has not been invented yet.

Favourite dance competition?

I still cannot decide between Blackpool and International Championship. Both competitions bring an incredible atmosphere, both from the audience and the history and meaning behind them.

Favourite coach?

Myself.

Favourite male dancer?

A combination of Bryan Watson and Paul Killick.

Favourite female dancer?

Joanna Leunis, of course.

Dance shoes Tereza LAT silver (85 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants in dance classes. The silver satin upper gives the shoes an attractive look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be fastened around the ankle.



Dance shoes Tereza LAT nude (85 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance classes. The skin-coloured satin upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be fastened around the ankle.



Kamila LAT dance shoes (65 mm)

Women's dance shoes designed for Latin American dancing, both for professional dancers and for participants of dance classes. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



Dance shoes Kamila LAT white (85 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The white satin upper gives the shoes an original look with the possibility of custom coloring the shoes, the softened sole provides sufficient comfort and the adjustable strap allows you to attach the shoes to the ankle or around the ankle.



Beata LAT dance shoes (65 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



Dance shoes Beata LAT (85 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



Wanda LAT Dance Shoes (65 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants in dance classes. The satin skin-coloured upper gives the shoe a subtle look, the softened sole provides sufficient comfort, the adjustable strap allows the shoe to be attached to the ankle or around the instep and the buckles can be used to adjust the shoe to the width of the foot.



Wanda LAT dance shoes (50 mm)

Women's dancing shoes designed for Latin American dancing, especially for participants in dance classes and for juniors. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort, and the adjustable strap allows the shoes to be attached to the ankle or around the instep and the buckles can be used to adjust the shoes to the width of the foot.



Dance shoes Marcela ST (65 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The black satin upper with a striking brooch gives the shoes an attractive look and the cushioned sole provides sufficient comfort.



Wanda LAT dance shoes black (65 mm)

Women's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The black satin upper gives the shoe an attractive look, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be attached to the ankle or around the instep and the buckles can be used to adjust the shoe to the width of the foot.



Petra dance shoes black (65 mm)

Women's dance shoes designed for standard and Latin American dancing, especially for participants in dance classes. The black satin upper gives the shoes an attractive look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



Dance shoes Petra nude (65 mm)

Women's dance shoes designed for standard and Latin American dancing, especially for participants in dance classes. The satin skin-coloured upper gives the shoes a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.





Jakub Brück - Marina Makarenko

Czech Standard and 10 Dance Champions in the Adult Category
Finalists of the World and European Championships in the U21 Category

Robin Ondráček - Tereza Jendruková

Finalists of the World 10 Championship in the Professional C



Dance shoes Tara ST (85 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants of dance courses. The satin skin-coloured upper gives the shoe a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



Tara ST dance shoes (50 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The satin skin-coloured upper gives the shoe a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



Dance shoes Nela ST white (65 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The white satin upper gives the shoe an original look with the possibility of custom colouring the shoe, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



Dance shoes Nela ST white (85 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The white satin upper gives the shoe an original look with the possibility of custom colouring the shoe, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



Dance shoes Nela ST (65 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants of dance courses. The satin skin-coloured upper gives the shoes a subtle look, the rhinestone embellishment creates an interesting detail, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be fastened around the ankle.



Dance shoes Nela ST (85 mm)

Women's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance classes. The satin skin-coloured upper gives the shoes a subtle look, the rhinestone embellishment creates an interesting detail, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be fastened around the ankle.





Jonáš Tománek- Šárka Kosmáková

Czech Champions in the U 21 Category
Finalists of the European Youth Championships

Jan Metlický- Ela Kasalová

Czech 10 Dance Champions in the Adult Category



Dance shoes Tomas

Men's dance shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The fabric upper ensures good breathability and flexibility of the shoes; the softened sole and heel provide comfort. The split sole increases the flexibility of the entire shoe.



Tomas dance shoes, higher heel

Men's dance shoes designed for Latin American dancing, thanks to the higher heel more for professional dancers. The fabric upper ensures good breathability and flexibility of the shoes; the softened sole and heel provide comfort. The split sole increases the flexibility of the whole shoe.



Michal dance shoes

Men's dancing shoes designed for Latin American dancing, for professional dancers as well as for participants of dance courses. The combination of leather and fabric gives the shoes an original look; the softened sole and heel provide sufficient comfort.



Revolution LAT dance shoes

Very lightweight men and women's training shoes suitable for Latin dance training. The mesh breathable upper allows good ventilation of the feet, the split sole gives the shoe maximum flexibility, but also sufficient comfort.



Revolution ST dance shoes

A very lightweight men and women's training shoe more suitable for standard dance training. The mesh breathable upper allows good ventilation of the feet, the split sole gives the shoe maximum flexibility but also sufficient comfort.



Johnny dance shoes

Men's dance shoes designed for standard dances, show dance, tango argentino, etc., for professional dancers as well as for participants of dance courses. The combination of black and white leather gives the shoes an original look; the softened sole and heel provide sufficient comfort.



David ST dance shoes

Men's dance shoes designed for standard dancing, for professional dancers as well as for participants in dance courses. The fabric upper provides good breathability and flexibility, while the softened sole and heel provide comfort. The split sole increases the flexibility of the entire shoe.



Martin ST dance shoes

Universal men's dance shoes suitable for training standard dances or for dance classes. Perforations on the sides ensure good ventilation, softened sole and heel for comfort. The split sole increases the flexibility of the whole shoe.



Eva dance shoes

Girls' junior dance shoes designed for Standard and Latin dances. The upper made of skin-coloured satin together with a striking brooch gives the shoes an attractive look, the softened sole provides sufficient comfort and the adjustable strap allows the shoes to be attached to the ankle or around the ankle.



Eva II dance shoes

Girls' junior dance shoes designed for Standard and Latin dances. The satin skin-coloured upper gives the shoe a subtle look, the softened sole provides sufficient comfort and the adjustable strap allows the shoe to be fastened around the ankle.



Adam ST dance shoes lacquer

Boys' dance shoes suitable for standard dance training. Softened sole and heel provide plenty of comfort, black lacquer give the shoes an attractive look.



Adam ST dance shoes

Boys' dance shoes suitable for standard dance training. Softened sole and heel provide sufficient comfort.



Mesh tights

The composition of the tights (80% nylon, 20% spandex) provides high elasticity and compression, which helps better blood circulation in the legs, thus reducing fatigue and possible swelling from athletic performance. The seamless design of these tights is very suitable as a complement to dance and formal costumes. The skin colour gives the legs a pleasant colour in artificial light. To preserve the properties of the product, do not use fabric softener.



Socks



Compression socks medium high

Specially developed socks for dance sport.

- Anatomically shaped right and left foot
- fits the foot perfectly, does not bunch up, does not cause blisters
- maximum moisture removal for high physical performance
- Silver ions help prevent unpleasant eczema and fungus



Heel protectors

Heel protectors for women's dance shoes will extend the life of your shoes and protect the dance floor as well. Organizers of some dance competitions, classes or other events may directly require the use of heel protectors.

- Large protectors are suitable for dancing shoes: Beata, Wanda, Nela, Tara ST, Marcela, Petra.
- Small protectors are suitable for dancing shoes: Kamila, Tara LAT, Kristýna LAT, Martina.



Shoe brush

Brush for leather soles of dancing shoes, lacquered handle, very durable short metal teeth.



Anti-slide

Anti-slip product for leather soles of dancing shoes.



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